



You may be intelligent...

BUT, if you were worried about someone
would you be smart enough to say the

'S*****' word?

Suicide isn't a dirty word.

Asking someone directly about suicide could save their life.
Learn the warning signs, make the pledge. You could save a life.

STOP SUICIDE PLEDGE.ORG

Helplines are available on our website

STOP  **suicide**
Save a life. Choose to live.

CPSL Mind: Reg. Charity Number 265087



You may be strong...

BUT, if you were worried about someone
would you have the strength to say the

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